

AAQ Level 3 Health and Social Care (Single Award) Extended Certificate

Part A - Bridging Work Task

This is a fantastic opportunity to expand your understanding of Health and Social Care as you prepare for enrolment and start at Franklin in September.

Please complete the work and bring a copy to your enrolment, either printed or electronically.

The work will take you around **3 hours** so plan your time to best suit you.

How do I complete and submit my task?	<p>Complete the tasks on paper/handwritten or digitally, and bring a copy, either paper or electronically, to your enrolment appointment. Also, bring this along to your first lesson in September.</p> <p>If you didn't attend the Taster Day, don't worry. It isn't essential for completing this work, but please ensure that you have completed this bridging work.</p>
Introduction to your Bridging Task	<p>This task will give you an introduction to the first topics you can expect in September:</p> <p>F090: Principles of health and social care F092: Person-centred approach to care F093: Supporting people with mental health conditions</p>
Task details	<p>F092: Person-centred approach to care</p> <p><i>Task 1: Prepare a written report that answers the following questions in written paragraphs under the headings given in bold below:</i></p> <p>Setting: Hospital</p> <ol style="list-style-type: none">1. What is a hospital by definition? (reference needed)2. Give examples of the care/ support that hospital staff (e.g. doctors, nurses) would give to service-users <p>Factor 1: Verbal Communication</p> <ol style="list-style-type: none">1. What is meant by the term communication? (reference needed)2. What is meant by the term verbal communication? (reference needed)3. Give an example of when practitioners (e.g. doctors, nurses etc) in a hospital would use verbal communication4. Why is it important that practitioners communicate verbally at an appropriate pace? Give reason(s) for your answer <p>Factor 2: Written Communication</p> <ol style="list-style-type: none">1. What is meant by the term written communication? (reference needed)2. Give an example of when practitioners (e.g. doctors, nurses etc) in a hospital would use written communication.

	<p>3. Why is it important that written communication is accurately recorded in the patient's care plan or medical notes?</p> <p>Setting: Residential Care Home</p> <ol style="list-style-type: none"> 1. What is a residential care home by definition? (reference needed) 2. Give examples of the care/ support that hospital staff (e.g. care assistants) would give to residents. <p>Factor 3: Religion</p> <ol style="list-style-type: none"> 1. What is meant by the term culture? (reference needed) 2. What is meant by the term religion? (reference needed) 3. Give an example of a religion. 4. Give an example of how a residential care home worker can ensure that a resident's religious needs are met. <p>Factor 4: LQBT</p> <ol style="list-style-type: none"> 1. What is meant by the term LQBT? (reference needed) 2. Give an example of a LQBT. 3. Give an example of how a residential care home worker can ensure that a resident's LQBT needs are met. <p>Please ensure that the work you produce for this task is yours and yours only, and you do not get anyone else to write this for you or use artificial intelligence to support the writing of this work.</p>
<p>Resources to help you with the Bridging Task</p>	<ul style="list-style-type: none"> • See Links Above • Own Knowledge • NHS Website • Textbooks
<p>Extension Tasks to stretch and challenge you</p>	<p>If you have completed the above to the best of your ability, try this extension task.</p> <p>Produce a detailed Description of what Public Health is? Use this link https://www.youtube.com/watch?v=oy1CAMObRzc</p>
<p>Massive Open Online Courses (MOOCs)</p>	<p>MOOCs are Massive Open On-line Courses</p> <p>You might enrol and complete the following about Health Epidemics: https://www.edx.org/course/epidemics-i</p>

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Part B – Preparing for Studying at Franklin

A fantastic opportunity to widen your understanding of the course.

Examining Board and Specification	<p>This course follows OCR Level 3 AAQ in Health and Social Care specification. OCR website, including the full specification:</p> <p>OCR Level 3 Alternative Academic Qualification Cambridge Advanced Nationals in Health and Social Care specification</p> <p>We cover the following topics:</p> <p>F090: Principles of health and social care F091: Anatomy and physiology for health and social care F092: Person-centred approach to care F093: Supporting people with mental health conditions F094: Supporting people with long-term physiological conditions F095: Investigating public health</p> <p>Studying this course will give you a wide range of skills:</p> <ul style="list-style-type: none">• Academic writing & referencing information sources• Researching• Application of knowledge• Teamworking• Communication• Professionalism• Time-management• Presenting <p>Progression after this course:</p> <p>This qualification will allow you to study a wide range of courses at university, such as Adult Nursing, Child Nursing, Paramedic Science, Physiotherapy, Teaching and so on. The skills developed on the course will also support studies in the STEM field. There are many different career fields that students go into after studying Health and Social Care, such as teaching, health and social care, and within the early years.</p>
Preparing for the course	<p>Here are some helpful sources of information if you would like further information about the subject:</p> <p>Websites</p> <p>https://www.nhs.uk/</p>

Books:

Lavers, S., Northeast, S and Paradowska, R. (2025) Level 3 Alternative Academic Qualification. Cambridge Advanced National in Health and Social Care: Student Book.

Lockyer, A. (2025) Cambridge Level 3 Advanced National in Health and Social Care (AAQ) Revision Guide.