

LGBT+ SUPPORT AND INFO

Organisation name	Service type	Restrictions	Contact
Gendered Intelligence Youth & Community services	<p>Offering online trans youth groups for ages 7-30. They also offer groups specifically for young people of colour and transfeminine.</p> <p>Also offering great resources for families and young people.</p>	Children & young people and adults	<p>Youth Groups Gendered Intelligence</p> <p>Home Gendered Intelligence</p>
Switchboard LGBT+ Helpline	Switchboard provides a one-stop listening services for LGBT+ people on the phone, by email and through instant messaging services.		<p>Tel: 0300 3300630</p> <p>Switchboard LGBT+ Helpline</p>
Mermaids	<p>Mermaids supports transgender, nonbinary and gender-diverse children and young people until their 20th birthday, as well as their families and professionals involved in their care.</p> <p>It offers secure online communities, local community groups, helpline services, web resources, events, and residential weekends.</p>	Children & young people to age 20 Web chat support for young people up to age 25	<p>Helpline 0808 801 0400</p> <p>Homepage - Mermaids (mermaidsuk.org.uk)</p>
Gender Identity research & Education Society	<p>GIRES is a UK wide organisation whose purpose is to improve the lives of trans and gender diverse people of all ages, including those who are non-binary and non-gender.</p> <p>Offering training, resources for organisations, friends, and family to support their understanding.</p>		<p>Groups in Yorkshire and Humberside -- Gender Identity Research & Education Society - Tranzwiki directory (gires.org.uk)</p>

<p>JUST Lincolnshire The Showroom Tritton Road Lincoln Lincolnshire LN6 7QY</p>	<p>Support with equality and diversity. Being awareness and understanding.</p>		<p>Telephone: 01522 520174 Mobile: 07867385826 Email: sue@justlincolnshire.co.uk Website: Just Lincolnshire www.justlincolnshire.org.uk</p>
<p>Think2Speak Britannia House, Marshall's Yard, Gainsborough, UK</p>	<p>Offering 1-2-1 phone appointments, group support sessions, support programmes and therapy options. Support/ referral options for children, young people, and parents/carers.</p>		<p>Email: hello@think2speak.com Telephone: 01427 325535</p>
<p>Lynx ladies The Old Barn, Toll Bar Rd, Marston, Grantham NG32 2HT, UK</p>	<p>Social and support group for individuals who identify as trans gender. Monthly meetings in Grantham & Partners welcome.</p>		<p>Email: Lynx.ladies@aol.com Mobile: 07484817425</p>
<p>LGBTQIA+ Sexual health NHS Lincolnshire community Health services</p>	<p>Support with sexual health. Provides additional support services and information. Find your local clinic using your postcode/town. Local clinics:</p> <ul style="list-style-type: none"> • Boston • Grantham • Lincoln • Skegness • Gainsborough • Louth 		<p>Book an appointment using their online booking system (LGBT :: LiSH (lincolnshiresexualhealth.nhs.uk)) Telephone: 01522 309309</p>