

# CAREERS & PROGRESSION NEWSLETTER

## THIS ISSUE

22<sup>nd</sup> September 2025

In this edition, discover a wide range of exciting opportunities designed to help shape your future. From hands-on work experience with **MyDentist**, a **local pharmacy**, and **Network Rail**, to virtual placements through **Springpod**, these experiences offer real insights into healthcare, engineering, and customer service industries. Explore **apprenticeship routes** with leading organisations like **HETA**, **Phillips 66**, **BakerHicks**, **Sirus**, and **West Midlands Police**—each offering valuable “earn while you learn” pathways into skilled and rewarding careers. Get inspired by attending **university open days** and **masterclasses** with institutions such as **Falmouth University**, the **University of London**, and **Gresham College**, offering a closer look at academic life and future study options.

A special mention goes to **Widening Participation programmes**, which provide vital support, advice, and access to opportunities—ensuring higher education and apprenticeships are within reach for everyone.

**Key takeaway:** Get involved and try as much as you can! Every experience—no matter how big or small—plays a part in shaping your journey.

Don't forget to complete the Google Form for your chance to win a £10 Amazon voucher

Many thanks,

The Careers Team

#SEEEYOURFUTURE

# CENTRE FOR

# PROFESSIONAL DEVELOPMENT

Fancy being in with the chance of winning a £10 Amazon voucher?

Complete [this](#) short feedback survey to be in the draw!

## **Personal and Professional Development**

As part of your study programme PPD is on your timetable, but if you have any issues or queries, please contact a member of staff in the CFPD office.

### **Career Academy**

Thank you to those who attended the Welcome Session event last week, please make sure you have signed up to the google classroom, the code can be found in the presentation.

This week's sessions are on Wednesday at 2.45pm and are as follows:

Academy	Session	Room
Business/ Logistics	Handelsbanken- Tom Leeming	48
Health	Victoria Wilkins- NHS Etiquette task	D08
Law	NELC- Law Department Petra	D10
STEM	Tronox- Steve and Michael	47

### **High Flyers**

Thank you to those who attended the Welcome Session event last week please see the next upcoming session on Wednesday during lunch.

Date	Session	Room
24 <sup>th</sup> September	Q&A session with High Flyers alumni	50

### **Work Experience**

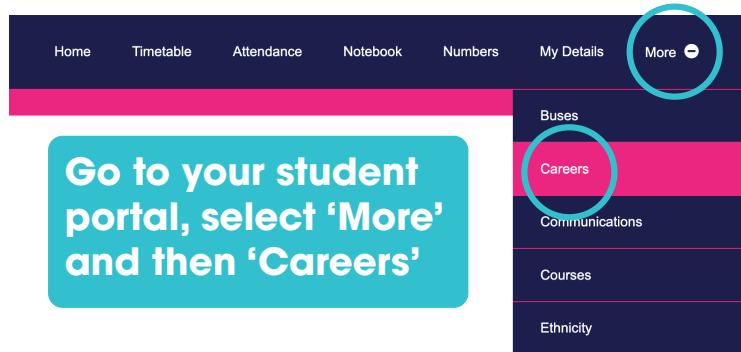
If you are looking for or are interested in work experience opportunities, please email [amy.croft@franklin.ac.uk](mailto:amy.croft@franklin.ac.uk) for further information on how to apply or visit the CFPD office.

### **Careers Appointments**

If you are unsure of your next steps or want some advice and guidance about courses, training, employment, or apprenticeships – please make a careers appointment.

If you need any help, please follow the guide on the next page, or email [zofia.ciopcinski@franklin.ac.uk](mailto:zofia.ciopcinski@franklin.ac.uk).

# How to book a Careers Appointment



Fill in the information on the Careers Appointment Booking page

## Careers Appointment

### Careers Appointment Booking

Drop in advice sessions may be available - please contact College Services.

If you would like a careers appointment please complete all of the following fields:

What work history or work experience have you had?

Do you have any medical condition or other factor which may affect your career choice?

☒ No ☐ Yes

If yes then please give details:

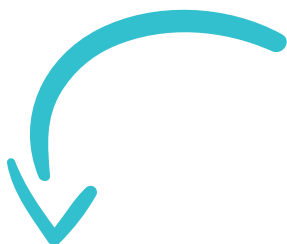
What are your interests / what do you do in your spare time?

Please tell me how I can help you.

Examples: I want to be an accountant; I am interested in doing a course in nursing.

Finally, what type of interview would you prefer?

Please Select



## Book an appointment (not during lessons)

1. Select a date to see a list of available appointments (not today, at the weekend or in the past).

March 2023						
Mo	Tu	We	Th	Fr	Sa	Su
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

2. Select one of the available appointments (Red text represent slots where careers are available, but you are not).

-- Select Time --

3. Book the selected appointment.

Book Appointment

You will receive a confirmation email and an appointment will be created in your Outlook Calendar.

If College has your mobile number you will also receive a reminder text on the morning of your appointment.

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March 2023						
Mo	Tu	We	Th	Fr	Sa	Su
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

2. Select one of the available appointments (Red text represent slots where careers are available, but you are not).

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# WORK

# EXPERIENCE

## **Dentistry virtual work experience with Mydentist**

Ready to explore the world of dentistry? In this experience, you'll dive into the various roles at mydentist, from dentists and dental nurses to treatment coordinators and practice managers. Discover what it takes to deliver outstanding patient care, learn about essential skills, and explore future career pathways in dentistry.

Follow this [link](#) to get started.

## **Visual Work Experience in Pharmacy- Northeast, North Cumbria & Yorkshire**

In this virtual work experience programme, you'll discover the pharmacy teams' role in supporting health and wellbeing with Northeast and North Cumbria ICB, South Yorkshire ICB, West Yorkshire ICB, and Humber and North Yorkshire Health and Care Partnership. We'll introduce you to the range of pharmacy careers and pathways in the health and social care sector so that you can kickstart your journey in this key area.

Follow this [link](#) to get started.

## **Spring pod Network Rail Visual Work Experience**

Some amazing programmes to kickstart the year! Network Rail Virtual Work Experience. Our Network Rail work experience is now ready to start. By completing this programme students could be fast tracked to an exclusive in-person work experience at Network Rail's key locations in 2026! Learn how Network Rail keeps Britain moving, as you discover the ins and outs of running the railway. Whether you're fascinated by engineering, interested in operations, or curious about how stations are managed, this programme offers a behind-the-scenes look at the teams that make the railway faster, safer and more reliable.

To find out more follow this [link](#).

## **Springpod Civil Engineers: Shaping the World Virtual Work Experience**

Springpod and the Institution of Civil Engineers have partnered up to provide you with a fantastic programme that'll show you what's out there within the vast and varied world of civil engineering and will point you in the right direction to what's right for you. This programme will introduce you to the world of civil engineering and show you the different ways that your career pathway could go! You'll also have the chance to take part in some great quizzes and activities and have the chance to hear from industry experts in webinars along the way.

Click [here](#) to sign up.



# APPRENTICESHIPS

## **HETA Apprenticeship Opportunities**

HETA have some important dates to share in preparation for their 2025/2026 apprenticeship recruitment intake opening.

HETA Apprenticeship Open Evenings will commence from October Information on how to book is available [here](#)

## **Phillips 66 Humber Refinery Opportunities**

Apprenticeship Taster Evenings being held at Humber Refinery between 4.30-7.30pm. Booking is essential on either day and is one ticket to one prospective apprentice and parent.

Monday 6<sup>th</sup> October- Book [here](#)

Monday 13<sup>th</sup> October- Book [here](#)

## **Graduate Engineer- Civil & Structural Apprentice with BakerHicks Manchester**

At BakerHicks we deliver creative design, engineering and project delivery solutions together with our clients. Shaping a healthier, sustainable and safer world. At BakerHicks we offer a dynamic two-year Graduate Programme - an exceptional launchpad for your career as a future Civil or Structural Engineer. Our program uniquely combines technical expertise with professional development through two enriching learning journeys. You'll dive into hands-on experiences alongside our industry-leading teams, equipping you with the essential skills and knowledge to thrive in your engineering career.

Closing date for applications is 28<sup>th</sup> November 2025 apply now via this [link](#).

## **Apprentice Quantity Surveyor with Sirius Civil Engineering Limited**

Working as part of the Sirius Remediation team, you will be working directly with the Managing Quantity Surveyor in running the commercial function of the Remediation business. You will also be supported in your studies to become a fully qualified Quantity Surveyor.

Closing date for applications is 10<sup>th</sup> October 2025 for more information and to apply click [here](#).

## **Police Constable Degree Apprenticeship by West Midlands Police**

If you join on the Police Constable Degree Apprenticeship (PCDA) you'll train for three years, combining the practical 'on the job' training with study towards a BSc degree in Professional Policing Practice. The training will see you move around frontline teams across our force area, learning the job. At the end of your training, you'll be ready to decide where your career will take you- be it a neighbourhood policing role, working towards promotion through the ranks, in a specialist team like firearms or investigations.

For mor information and stating an application please click [here](#).





**HUMBER REFINERY**

# APPRENTICESHIP TASTER EVENING

6th & 13th October 2025

Looking at applying for an apprenticeship?  
Join us to find out more about our range of  
craft apprenticeship roles, the skills  
needed and speak to members of our team  
already in these roles.

Booking essential



# MASTERCLASSES

## **Personal Statement Masterclass- Falmouth University**

Following our general Personal Statement Advice session, in this interactive planning session we will share resources to help you plan what you are going to write about. Hear from current students as they share how they approached writing their personal statement and have the opportunity to discuss what you might include.

Thursday 25<sup>th</sup> September 4pm-5pm book your space [here](#).

## **Imperial College London- Data Science Online Bootcamp**

Don't miss the opportunity to gain in-demand skills, quality assured by Imperial College London, ranked number 1 in Europe/UK and number 2 in the world (QS World University Rankings 2025). Whether you're looking to learn part-time or full-time, you can gain the experience you need to be career-ready, backed by a renowned university ranked first in the UK for research outputs, first in the UK for research environment, and first for research impact among Russell Group universities (Research Excellence Framework 2021). **Starting 6<sup>th</sup> October 2025** [Apply now](#).

## **London Metropolitan University**

### **Nutrition Masterclass: How To Change Lives Through Nutrition**

Most people reduce nutrition to counting calories, but when you understand Metabolic Nutrition, you see how the body actually adapts, heals and performs. This isn't theory. In this session, we'll show you how to create nutritional systems that change lives- from boosting athletic performance to designing strategies that fight chronic disease.

Running 9<sup>th</sup> October at 2pm book your ticket [here](#).

## **The University of Law- Virtual Real World Lecture Series**

Wednesday 24<sup>th</sup> September- **Can You Be A Good Leader Without Doing Bad Things?** Book [here](#).

Wednesday 1<sup>st</sup> October- **Does Everybody Get A Fair Trial?** Book [here](#).

## **Why Do We Fear? with Gresham College**

Fear is one of the earliest emotions to have evolved. Most vertebrates – and possibly some invertebrates – show fear when they are threatened. At its most core, fear keeps us alive, helping us flee from predators or avoid dangerous environments. But why does this process sometimes backfire, leaving us paralysed by otherwise harmless phobias? And why do so many people deliberately seek out fearful situations, from horror movies to parachute jumps, when instinct tells us to do the opposite? Can understanding the biology of fear help us conquer it, or simply make us more vulnerable to its impact?

This will take place on Wednesday 1<sup>st</sup> October at 6pm – click [here](#) to watch.



# A SPOTLIGHT

ON...

## Widening Participation Programmes

### Hull York Medical School- UKWPMED

We are proud to be part of UKWPMED, an innovative collaboration of seven medical schools across the UK, to enhance the opportunity for applicants from widening participation backgrounds to study Medicine. The scheme is open to students in Year 13 who complete a recognised widening participation programme at a participating UKWPMED medical school. Applications to study Medicine are made through **UCAS** in the standard way. Please note this scheme is open to **A100 Medicine applications only**. For more information click [here](#).

### Access to Sheffield Summer School

At our Access to Sheffield Summer School you'll experience university life, build skills for higher education and make friends from across the country - all for free. Over four days, you'll immerse yourself in university life at Sheffield, participating in a range of academic and social activities with other students from across the UK.

Register your interest [here](#) for 2026 and to find out more.

### Access to Leeds

Access to Leeds is our contextual admissions programme for UK undergraduate applicants. It offers additional consideration for applicants based on their personal circumstances. Applications for Access to Leeds will open on 22 September 2025 and the application form will be available on this page. To be considered, you must complete the form as soon as possible after submitting your UCAS application.

Apply [here](#)!

### Exeter Scholars

Exeter Scholars is a free programme giving you the opportunity to find out more about university, develop a passion for a chosen subject, and gain first-hand experience of student life at the University of Exeter.

To find out more information and apply please click [here](#).





# A SPOTLIGHT

ON...

## **Widening Participation Programmes**

### **University of York**

Our programmes and activities are designed to give talented sixth form students a taste of university life while encouraging them to apply to a research-intensive university like York. We also provide advice and guidance on practical matters such as student finance and UCAS applications. Many of our programmes are partnerships with specific schools/colleges. However, some activities are open for individual student applications. Multiple opportunities to access via this [link](#).

### **Sutton Trust UK Summer Schools**

Spend a week at one of our 12 partner universities attending lectures, living in a dorm, networking with professors and administrators, and immersing yourself in university life. Summer schools are completely free so you can get to know your chosen university, no matter where in the country you're from. Applications open January 2026 but register your interest [here](#).

### **Newcastle University- Partners Programme Supported Entry Route**

Receive a lower offer, attend a free Academic Summer School and access dedicated support from application to enrolment, to find out more and how to apply for 2026 access this [link](#).

### **Realising Opportunities**

The programme is designed to empower talented students to understand the opportunities available to them. Our unique collaboration enables participants to benefit from the support of a network of prestigious institutions through a supported entry programme for 16-18-year-olds. The programme helps participants to make informed choices about their future, and if Higher Education is the right option for them it helps to prepare them for university life.

For more information please click [here](#).

### **100 Faces- a range of schemes and opportunities to support first-generation students**

First generation students are more likely to be from low-income backgrounds. Universities offer a range of schemes and opportunities to support these students to access university and get the most out of their experience. For more information and examples from across the UK click [here](#).

# UNIVERSITY INFORMATION



## **Undergraduate Open Days- University of East Anglia**

Choosing a university is a huge decision, but we're with you every step of the way. We design our Open Days to give you real insight into what it's like to study here, so you have the information you need to make your decision. Tour the campus, find your perfect accommodation, meet your future lecturers, and get a feel for student life in Norwich.

Open Days are:

Saturday 25<sup>th</sup> October

Saturday 29<sup>th</sup> November

Book your place now using this [link](#).

## **Experience Falmouth- Open Days**

Our on-campus Open Days are designed to give you all the information you need about life at Falmouth. Book your spot on an Open Day to explore our facilities and location and meet our staff and current students. Click this [link](#) to book on one of the following days.

Saturday 4<sup>th</sup> October 9:00-4:30pm

Saturday 25<sup>th</sup> October 9:00-4:30pm

Saturday 22<sup>nd</sup> November 9:00-4:30pm

## **York St John University Open Days**

Open days will take place on the following days in person and are bookable via the links, they are:

[Saturday](#) 18<sup>th</sup> October 9:15-3:30pm

[Saturday](#) 15<sup>th</sup> November 9:15-3:30pm

Our online schedule of talks, tours and drop-ins becomes available around 2 weeks before each event so you can plan your day. Sign in will be open from 8:45am at the open days. It will not be possible to apply to Midwifery and Radiography for 2026 entry until after January 2026. Please see more information on our course pages for those subjects. Because of this, we will not be holding subject sessions for these subjects at our upcoming Open Days. Visitors who are interested in these subjects will be welcome to come to our events, but please be aware that there will be no subject specific talks or subject tutors to speak to.





Leeds Trinity  
University

**BOOK YOUR**

# OPEN DAY

**AT LEEDS TRINITY UNIVERSITY**

**Saturday 4 October**

**Saturday 25 October**

**Saturday 22 November**

**Saturday 10 January 2026**



## BIG CITY BRIGHT FUTURE 2026

Would you like to earn **£1,500** over the summer break?  
**Find out more about BCBF by signing up for Prep Sessions!**

Prepare for BCBF 2026 by attending **IntoUniversity's** online Prep Sessions on applications, CV writing, interview skills and networking.



**Scan the QR Code** to sign up  
for Prep Sessions before  
**Friday 28th November 2025.**

### About BCBF 2026:

- A 3-week paid internship, providing the opportunity to work with global firms.
- Open to **IntoUniversity** students across **England and Scotland** in **Year 13/S6** or on a **gap year**.
- Taking place **29th June - 17th July 2026**.
- Begins with a 1-week skills bootcamp in London, followed by a 2-week internship at your host firm.
- **Accommodation and travel provided** for students living outside of London.
- Eligibility criteria applies.
- Students living outside London will need to be 18 or over by 28th June 2026.



  
**BIG CITY  
BRIGHT  
FUTURE**

**I CAN STAND OUT  
FROM THE CROWD**

For further information, please visit  
<https://bcbf.intouniversity.org/>