

BTEC Sport (Shadow Scholarship)

Part A - Bridging Work Task

This is a fantastic opportunity to expand your understanding of Sport as you prepare for enrolment and for starting at Franklin in September.

Please complete the work and bring a copy to your enrolment, either printed or electronically.

The work will take you around **4 hours** so plan your time to best suit you.

Task 1

How do I complete and submit my task?	<p>Complete the tasks on paper and bring a copy to your enrolment appointment. Also take this to your first lesson in September.</p> <p>If you did not attend the Taster Day don't worry – this isn't essential for completing this work but, please ensure that you have completed this bridging work.</p>
Introduction to your Bridging Task	<p>Careers in Sport. The first coursework unit you will complete at college looks at various careers in sports that you can go into after you have finished your studies at Franklin. During the unit, you will research careers in sports and look at doing a mock application for a job role within a sport of your choice.</p>
Task details	<p>CV</p> <p>Pick a career in sport that may interest you, such as Coaching. Create a CV to apply for that job. If you already have a CV, you may want to adapt it, so it focuses on some of the key skills required in sports (e.g. teamwork and communication).</p> <p>Cover letter/ Personal statement.</p> <ul style="list-style-type: none">- As well as creating a CV, a cover letter or personal statement can also be helpful when applying for a job. Create a cover letter or personal statement applying for the same job role as above.- Use the letter/personal statement to highlight your skills and knowledge in relation to your application.- The personal statement will be helpful if you want to apply to university in the second year. You will be able to add all your experiences on the BTEC Shadow Scholarship to create a strong application.
Resources to help you with the Bridging Task	<p>https://uk.indeed.com/career-advice/cvs-cover-letters/sports-cv</p> <p>https://www.ucas.com/undergraduate/applying-university/writing-personal-statement/how-write-personal-statement</p>

Extension Tasks	
<p>Extension Tasks to stretch and challenge you.</p>	<ul style="list-style-type: none"> - If you know you would like to go to university, you could look at sports courses by visiting their websites. Popular Universities with our students are Leeds Met, Sheffield Hallam, Manchester Met, UFCB campus and University South of Wales. - You will need to achieve between 80-168 UCAS points at the end of your two years.
<p>Massive Open Online Courses (MOOCs)</p>	

Task 2

<p>How do I complete and submit my task?</p>	<p>Complete the tasks on paper/handwritten or digitally, and bring a copy, either paper or electronically, to your enrolment appointment. Also, bring this along to your first lesson in September.</p> <p>If you didn't attend Taster Day, don't worry. It isn't essential for completing this work, but please ensure that you have completed this bridging work.</p>
<p>Introduction to your Bridging Task</p>	<p>Towards the end of the first year, you will have an opportunity to practice your officiating in football. At Grimsby Town Foundation we help officiate junior football tournaments and are always looking for new officials. In preparation for this, it would be good for you to understand all the rules of football and the role of an official.</p>
<p>Task details</p>	<p>Rule Booklet</p> <ul style="list-style-type: none"> - Create a football rule booklet that helps explain the key rules in football. <p>You should look to cover:</p> <ul style="list-style-type: none"> - Pitch layout, key markings and what they mean - Equipment you must wear (different for different surfaces) - Why fouls are given - Cards - Extra time / golden goal, penalties etc

Resources to help you with the Bridging Task	https://www.theukrules.co.uk/rules/sport/football/referee-rules/
Extension Tasks	
Extension Tasks to stretch and challenge you.	It would be beneficial for you to look at officiating in more detail and research some of the main roles and responsibilities of officials and explain why they are key for the game to run smoothly.
Massive Open Online Courses (MOOCs)	

Part B – Preparing for Studying at Franklin

A fantastic opportunity to widen your understanding of the course.

Examining Board and Specification	<p>Your course: L3 BTEC Extended Diploma in Sports Coaching and Development</p> <p>Y1 units A Careers in the Sport and Active Leisure Industry B Health, Wellbeing and Sport 1 Sport Development 2 Self-employment in Sport and Physical Activity 11 Rules, Regulations and Officiating in Sport C1 Developing Coaching Skills</p> <p>Y2 units D1 Applied Coaching Skills 5 Anatomy and Physiology in Sport E Research Project in Sport (Pearson-set) 14 Organising Events in Sport and Physical Activities 4 Nutrition for Physical Performance 9 Fitness Training</p> <p>Studying this course will give you a wide range of skills:</p>
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	<ul style="list-style-type: none"> ● Coaching skills- using planning, organisation and communication ● Presenting and debating ● Working as a team ● Health and safety/risk assessments <p>Progression after this course:</p> <p>This qualification will allow you to study a wide range of courses at university, such as Sport and Exercise Science, Sports Therapy, Sports Coaching, Sports Management etc.</p> <p>There are many different careers that students go into after studying Sport, such as Teaching, Sports Analyst, Sports Psychologist, Coaching,</p>
<p>Preparing for the course</p>	<p>Specification:</p> <p>https://qualifications.pearson.com/en/qualifications/btec-nationals/sports-coaching-and-development-2019.html#%2Ftab-Extended-Diploma_3</p> <p>Look at the relevant University websites for appropriate courses or apprenticeships and again look for academic requirements to meet the demands of the courses chosen.</p> <p>UCAS At the heart of connecting people to higher education</p> <p>If you have any questions about the course or need help with the bridging work, please email me Anna.Vessey@franklin.ac.uk or mark.westerby@franklin.ac.uk</p>