

# CTEC Level 2 Health and Social Care

## Part A - Bridging Work Task

A fantastic opportunity to widen your understanding of Health and Social Care as you prepare for enrolment and for starting at Franklin in September.

Please complete the work and bring a copy either printed or electronically to your enrolment appointment with you.

The work will take you around **2 hours** so plan your time to best suit you.

<b>How do I complete and submit my task?</b>	<p>Complete the tasks on paper/handwritten or digitally and bring a copy either paper or electronically to your enrolment appointment, also take this to your first lesson in September.</p> <p>If you did not attend the Taster Day don't worry – this isn't essential for completing this work but, please ensure that you have completed this bridging work.</p>
<b>Introduction to your Bridging Task</b>	<p>This task will give you an introduction to some of the topics you can expect in September.</p>
<b>Task details</b>	<p><b>Task 1: Communication in Health and Social Care – Unit 1</b></p> <p>In Health and Social Care, service users and practitioners must build positive relationships and communicate with each other.</p> <ol style="list-style-type: none"><li>1. Define the following key terms: Health Care, Social Care and Childcare</li><li>2. Name and define at least 4 types of settings for each of the headings in Question One. E.g. Hospital for healthcare.</li><li>3. Name and define at least 4 professionals that work in each of the headings in Question One. E.g. Nurse for health</li><li>4. There are different types of relationships that can occur in different settings. Define and give one example of what each of the following key terms mean in a Health, Social Care or Childcare setting.<ul style="list-style-type: none"><li>• Individuals who need care and support (Service Users).</li><li>• Colleagues / peers</li><li>• Senior workers / managers</li><li>• Health and Social Care professionals / practitioners</li></ul></li></ol>

	<p><b>Task 2: Anatomy and Physiology – Unit 7</b></p> <p>Choose one of the following case studies and answer the questions below:</p> <p><b>Case study 1:</b></p> <p>Sudip is 45 he is a Call Centre Manager which he finds stressful, he is obese and has recently been diagnosed with <b><u>hypertension (high blood pressure)</u></b></p> <p><b>Case study 2:</b></p> <p>Katrina is 30, she has <b><u>Chronic Obstructive Pulmonary Disease (COPD)</u></b> Her current job is a care assistant which involves physical work, and she smokes heavily.</p> <ol style="list-style-type: none"> <li>1. Outline what the condition is.</li> <li>2. Describe the likely causes of the condition.</li> <li>3. Identify common symptoms of the condition.</li> <li>4. Discuss how the condition affects the body system.</li> <li>5. Describe how the condition is diagnosed.</li> <li>6. Explain the monitoring and treatments needed for your condition.</li> </ol> <p>Please ensure that the work you produce for this task is yours and yours only, and you do not get anyone else to write this for you or use artificial intelligence to support the writing of this work.</p>
Resources to help you with the Bridging Task	<p><a href="#">COPD NHS link</a></p> <p><a href="#">High blood pressure (Hypertension) - BHF</a></p> <p>Please use the separate headings on these webpages to answer the questions.</p>
Extension Tasks to stretch and challenge you	<p>If you have completed the above to the best of your ability, try this extension task.</p> <p>Give definitions of the terms verbal and non-verbal communication and explain the difference between the two.</p> <p>Describe 5 examples of situations when we may communicate verbally in Health and Social Care, and 5 examples of how a Health and Social Care Professional may use non-verbal communication in these situations.</p>
Massive Open Online Courses (MOOCs)	<p>MOOCs are Massive Open On-line Courses</p> <p>You might enrol and complete the following about communication:</p> <p><a href="#">Active Listening: Enhancing Communication Skills Course by Coursera Instructor Network   Coursera</a></p>

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## Part B – Preparing for Studying at Franklin

A fantastic opportunity to widen your understanding of the course.

<b>Examining Board and Specification</b>	<p>This course follows OCR CTEC Level 2 Health and Social Care specification. OCR website, including the full specification: <a href="https://www.ocr.org.uk/qualifications/cambridge-technicals/health-and-social-care-2012/units/">https://www.ocr.org.uk/qualifications/cambridge-technicals/health-and-social-care-2012/units/</a></p> <p><b>We cover the following topics:</b></p> <ul style="list-style-type: none"><li>• Communication in Health and Social Care</li><li>• Individual Rights in Health and Social Care</li><li>• Vocational Experience in a Health or Social Care setting</li><li>• Anatomy and Physiology in Health and Social Care</li><li>•</li></ul> <p><b>Studying this course will give you a wide range of skills:</b></p> <ul style="list-style-type: none"><li>• Interpersonal skills</li><li>• Work experience skills</li><li>• Working within a team</li></ul> <p><b>Progression after this course:</b></p> <p>This qualification will allow you to study a wide range of courses at Level 3</p> <p>CTEC Level 3 Health and Social Care</p> <p>T Level Health (Supporting the Adult Nurse)</p> <p>T Level Education and Early Years</p> <p>Criminology</p> <p>BTEC Uniformed Protective Services</p> <p>The skills developed on the course will also support applications for apprenticeships in the Health and Social Care field.</p> <p>There are many different careers that students go into after studying Health and Social Care, such as Carer, Nurse, Creative Activities Coordinator, Health Care Assistant and so on.</p>
<b>Preparing for the course</b>	<p>Here are some helpful sources of information if you would like further information about the subject:</p> <p>Websites</p> <p><a href="https://www.prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care/overview-of-the-social-care-sector">https://www.prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care/overview-of-the-social-care-sector</a></p> <p><a href="https://www.prospects.ac.uk/jobs-and-work-experience/job-sectors/healthcare/overview-of-the-healthcare-sector-in-the-uk#:~:text=The%20sector%20is%20witnessing%20significant,in%20key%20areas%20like%20nursing.">https://www.prospects.ac.uk/jobs-and-work-experience/job-sectors/healthcare/overview-of-the-healthcare-sector-in-the-uk#:~:text=The%20sector%20is%20witnessing%20significant,in%20key%20areas%20like%20nursing.</a></p> <p>Books</p> <p>BTEC Health and Social Care Walsh, M</p>