

# Creative Arts

With Charlie Sutton

Every Tuesday

12.15-12.55pm

Room 22

You don't need to be studying Art or even be good at it. just come along and engage with some creative arts to help you manage your emotions and get things out of your head and onto paper. Use this time to de-stress and chill out.

For more information, please email

[charlie.sutton@franklin.ac.uk](mailto:charlie.sutton@franklin.ac.uk)