

CAREERS & PROGRESSION NEWSLETTER

THIS ISSUE

8th December 2025

In this edition, explore work experience with Forrester Boyd, Network Rail and the Wellcome Sanger Institute, or try virtual surgeon-for-a-day experience. Find local apprenticeships with Nolan Interiors, Twist & Flip Gymnastics, physiotherapy with the Army, degree apprenticeship routes and CATCH open evenings.

We highlight masterclasses from Gresham College and Unifrog, plus subject spotlights with Professor Bryan Lavin and Professor Chris Headleand. You'll also find university updates from the University of Hull, University of Lincoln, Middlesex University London, the University of Law, Sheffield Hallam and Falmouth University.

Be sure to complete the Google Form to be in with the chance of winning a £10 Amazon voucher!

Many thanks,

The Careers Team

#SEEOURFUTURE

CENTRE FOR

PROFESSIONAL DEVELOPMENT

Fancy being in with the chance of winning a £10 Amazon voucher?

Complete [this](#) short feedback survey to be in the draw!

Career Academy

Please see the following sessions for Career Academy taking place Wednesday 10th December.

Academy	Session	Room
Business/ Logistics	Resilience and target setting	D08
Health	Resilience and target setting	D08
Law	Barbri Session	74
STEM	ORE Catapult	50

HighFlyers

Please see the upcoming session running over lunch


Date	Session	Room
10/12/25	Building Resilience	50

Creative Conference

Thankyou to all the students who have taken part in the Creative Conference on Thursday 27th November, if you haven't done so already could you please complete the Feedback form that has been provided to you.

We also had Jaya Grace report on the Conference if you would like to read her article please click [here](#).

Local Events

In Good Hands Christmas Market at Docks Beers. Finish off your Christmas Shopping with the finest local artisan makers, whilst sipping on a festive drink and listening to Christmas Music, all inside the incredible Docks Beers  From jewellery, ceramics, and artwork to clothing, stationery and candles, there will be something for everyone and so much more!!

This event is entirely Free Entry; Dogs are more than welcome, and we have a lift for accessible entry.
Sunday 14th December 12pm- 5pm.

Maritime and Renewable Ambassadors Initiative with Humber Marine and Renewables

New initiative created to empower young people aged 16 - 19 across the Humber region. This six-month programme offers participants to explore the Humber's maritime heritage, learn about the growing green and blue economy and understand the regions' global role in shaping a more sustainable future. scan the QR code on the leaflet to register your interest. There are two stages to this.

Stage One: Create a 60-90 second video that inspires others to explore the maritime and renewable industries. The winning entry will be showcased across the Humber on all social media channels Closing date February 2026. **Please note that all videos will be submitted by the college not directly - email to emma.swinburn@franklin.ac.uk or visit the CfPD office for more information**

Stage Two: A six-month programme that will develop your skills, knowledge, and confidence. You will take part in various sessions that focus on heritage and identity, skills and training pathways, policy, legislation and the economy, the marine environment and global warming, immersive learning and innovation, technology, media and leadership. Please note that applications for stage 2 will be from May and will be promoted on social media.



HUMBER
MARINE AND
RENEWABLES

THE HUMBER MARINE & RENEWABLES

YOUNG AMBASSADORS' INITIATIVE & VIDEO COMPETITION

YOU COULD WIN £250

MAKE A VIDEO

**CREATE A SHORT VIDEO INSPIRING
YOUR GENERATION TO EXPLORE
CAREERS IN MARITIME AND CLEAN
ENERGY AND YOU COULD WIN
£250!**

FOR MORE INFORMATION VISIT:
HUMBER-MARINE-RENEWABLES.CO.UK





LINCOLNSHIRE
TRAINING HUB
Primary Care Education



Future Doctor: Should I Become a Doctor? Webinar

Thursday 11th December, 6:30pm-8pm via MS Teams.

This presentation run by medical students is designed to help Year 9-11 students decide whether 'Medicine', or becoming a doctor, is for them. It may also be helpful for anyone else seeking information about the process – including parents and teachers.

The evening will include:

- How do I know medicine is right for me?
- The application process
- The medical degree / life as a medic
- Foundation years (post degree)

For further information and to apply for this **FREE course** please go to: <https://www.lincolnshiretraininghub.nhs.uk/training-and-events/futures-programme>

If you have any further questions, please contact Dr Molly Butcher at molly.butcher@nhs.net

Thank you for the presentation, I found it very valuable as I am currently choosing my A-level options in year 11.

I particularly enjoyed looking at the ways I can get a medical degree and the roadmap/path in terms of exams, universities and work experience.

Email: contact@lincolnshiretraininghub.nhs.uk

Website: www.lincolnshiretraininghub.nhs.uk

 @HubLincolnshire  @HubLincolnshire

 @LincsFutures  @lincsfutures

WORK

EXPERIENCE



2025 Trainee Accountancy Positions at Forrester Boyd

Forrester Boyd have multiple fantastic opportunities to join them as a Trainee Accountant in Summer 2025, which would be ideal for any final year A Level student. This is a fully funded study package, helping you achieve a globally recognised chartered accountancy qualification. They have opportunities available at all their office locations!

You'll have a full-time job working at Forrester Boyd, earning your own salary while also receiving time off for study days and examinations – they even cover any costs such as petrol, lunch and hotel fees!

The closing date for applications is 31st January 2025 – click [here](#) for more information.

Connected: The Network Rail Virtual Work Experience

Learn how Network Rail keeps Britain moving, as you discover the ins and outs of running the railway. Whether you're fascinated by engineering, interested in operations, or curious about how stations are managed, this programme offers a behind-the-scenes look at the teams that make the railway faster, safer and more reliable.

What's more, by completing this programme, you could be fast-tracked to an exclusive in-person work experience at Network Rail's key locations in 2026!

Click [here](#) for more information to apply.

Surgeon for a Day- Virtual Online Work Experience

Ever wondered what it's really like to be in the operating theatre? Join Surgeon for a Day a thrilling, one-day virtual or in-person experience that simulates a full surgical journey. From picking up the scalpel to mastering communication and clinical checklists, this isn't just theory... this is practice under pressure.

Whether you're applying to medicine or exploring specialities, this day will help you stand out and truly understand what it means to be a surgeon.

Taking place 21st December from 10am- 2pm, to find out more click [here](#).

Genomics, Science and Data Careers with the Wellcome Sanger Institute

Welcome to the fascinating world of genomics! Springpod has partnered with the Wellcome Sanger Institute to help you experience careers in genomics, science and data and discover the range of opportunities on offer. From lab and data-based roles to communications and management positions, you'll get an inside scoop into life at a pioneering, industry-leading research campus.

In this virtual work experience programme, you'll receive a top-level overview of the world of genomics - from gene editing to ethics and synthetic biology. You'll even complete a series of quizzes and fun activities to help build your understanding of the industry and have the ability to hear from the experts during this programme's pre-recorded webinars.

Click [here](#) to register.

APPRENTICESHIPS

Social Media Apprentice at Nolan Interiors

Are you a proactive, creative individual with a passion for interior design and social media? This hands-on role offers the chance to support daily admin tasks, create engaging content, and work closely with the team to provide valuable insight into the design industry.

Click [here](#) for more information.

Admin Apprentice with Twist & Flip Gymnastics Academy

Twist & Flip are a small family-run business, currently looking for an Apprentice to be responsible for the admin and customer service for the company.

Start date Tuesday 6th January 2026 to find out more and to apply click [here](#).

Civil Engineer- Infrastructure Degree Apprenticeship

We have an opportunity for a Degree Apprentice (Level 6) Civil Engineer to join our Apprentice Programme in our Civil Engineering team based in Manchester. This is a five-year degree apprenticeship programme.

This is due to start in September 2026, click [here](#) for more information.

Apprenticeship Open Evenings with CATCH

The CATCH applications are open until 30th January 2026 however if you have not been to an opening evening and would like more information the final dates are:

Tuesday 9th December 2025 and Thursday 15th January 2026

If you have any questions, you can contact 01469 552837 and speak with the apprenticeship team or register for an open evening by emailing outreach@catchuk.org

Physiotherapist Apprenticeship with the Army

When troops get injured there's a team of highly skilled medical personnel on hand to help them recover. As a Physiotherapist Officer, you use your expertise to treat and rehabilitate service personnel with musculoskeletal injuries. You also advise commanders on injuries and training. During operations, you may deploy anywhere in the world. You could work with a Multi-Role Medical Regiment (MMR) providing respiratory or critical care for wounded, injured or sick patients. The goal is to get our soldiers and officers fit and well, so we have an active, capable Army.

To find out more and apply click [here](#).

MASTERCLASSES

The power of marketing Designing Destinations with Professor Bryan Lavin

In this Subject Spotlight, we explore the evolving field of sustainable tourism and its role in preserving the environment, empowering communities, and fostering positive change. Through four episodes, we dive into key concepts like the social and environmental impacts of tourism, the principles of sustainable travel, and the importance of authenticity in destination marketing. Professor Bryan Lavin examines key concepts of sustainable tourism- such as the need for responsible practices and effect of tourism on local residents, balancing this alongside effective marketing techniques to transform any location into a destination

click [here](#) for more information.

Protein power or marketing hype? The science behind 'healthy' snacks with Unifrog

Protein bars, protein yoghurts, protein drinks- all around us are examples of foods with added protein. But are these foods going to make us run faster and age slower? Or could they actually contribute to the risk of illness and disease, like Joe Wicks' 'Killer Bar'? If you're interested in health, disease, and nutrition, join the University of Nottingham as we dive into the science of what makes a healthy snack- and the psychology of why people choose to eat what they do.

This webinar will take place on Wednesday 10th December from 5:30pm click [here](#) to register.

Life, Death and Judgement in the Art and Times of Hieronymus Bosch With Gresham College

This lecture looks at the 'surreal' art of the Early Netherlandish painter Hieronymus Bosch within its historical and cultural context. Although Bosch's terrifying visions of sin, death, and the hereafter may appear surreal today, especially his highly imaginative depictions of devils, they were tied to the religious attitudes and moralising texts of the period, such as the Ars Moriendi, the Dance of Death, and Everyman. It is in this context that one should examine Bosch's Haywain Triptych, Garden of Earthly Delights, and other works.

This webinar will take place on Wednesday 10th December from 6pm. Click [here](#) to register.

Games Design Subject Spotlight with Professor Chris Headleand

Professor Chris Headleand explores worldbuilding in video game design in this Subject Spotlight episode. Topics include visual styles, narrative worldbuilding, and the integration of lore, player choices, and mechanics. He also discusses programming techniques like procedural content generation and evaluates its benefits and challenges. The final episode highlights key industry roles and sets an activity for aspiring designers to create a new game world.

Click [here](#) for more information.



A SPOTLIGHT

ON...

Sport & Fitness

If you're into playing sports or helping others, get active, this career path will always keep you on top of your game!

What is Sport and Fitness?

The Sports sector covers everything from athletes on the pitch to the people behind the scenes – trainers, organisers, and media pros – making sure sports events happen and everyone stays active. The fitness industry helps people smash their goals, whether that's getting stronger, fitter, or just staying healthy.

What are some of the jobs can I do?

- **Athlete:** Competes professionally or as an amateur, training full-time.
- **Coach:** Trains teams or individuals, creates workouts, and motivates athletes from beginners to professionals.
- **Event Manager:** Organises sports events, manages logistics, ticketing, etc
- **Personal Trainer:** Provides one-on-one coaching to help clients achieve tailored health goals.
- **Physiotherapist:** Assists with injury recovery for athletes, aiding their return to peak performance.
- **Sports Journalist:** Reports on matches, interviews athletes, and creates content to update fans.

What are the top skills?

- **Initiative:** The ability to take charge and solve problems independently, crucial for fast-paced environments.
- **Leadership:** Inspires and motivates teams, makes decisions, and guides others to achieve success.
- **Physical Fitness:** Essential for staying active and leading by example in sport and fitness roles.
- **Problem Solving:** Key for tackling challenges, from coaching to event management or setting fitness goals.
- **Teamwork:** Vital for working effectively with others, on the pitch or behind the scenes at events.

How do I start a career in Sport and Fitness?

- **Apprenticeships:** Options include Level 2 Community Activator Coach, Level 3 Personal Trainer, and Level 4 Sports Coach apprenticeships, combining work and training in sport and fitness.
- **University:** A degree in sports science, nutrition, or physiotherapy can lead to careers in coaching, healthcare, or sports management.
- **Postgraduate Qualifications:** A master's in sports science, physiotherapy, or management helps you specialise and advance your career.
- **Stand Out:** Gain hands-on experience through volunteering, coaching, or internships to build skills and demonstrate passion for sport and fitness.

UNIVERSITY INFORMATION



Computer Science & Artificial Intelligence Webinar with The University of Hull

Artificial Intelligence feels like magic... but behind every smart app, chatbot, recommendation, and digital assistant is a huge amount of learning, data, and clever design. In this live webinar, we'll uncover how AI really works in the apps and services you use every day — from spotting objects in photos, to suggesting what to watch next, to helping doctors make faster decisions.

Taking place Thursday 11th December 5pm- 6pm register [here](#).

Health and Education Subject Session with Middlesex University London

Understand the different health and education subjects before you apply from Midwifery, Nursing and Primary Teaching. Learn more about Middlesex's long-standing relationships with hospitals and schools across London, as well as outstanding facilities such as high-tech simulation wards at Stone X stadium, all designed to prepare you for your career.

These will take place on Thursday 11th December at different times – click [here](#) to book your place.

Christmas Open Campus with University of Lincoln

This short and sweet on-campus event gives you the chance to visit Lincoln at one of the most magical times of the year. Less structured than a traditional open day, you'll have the chance to take a look around our accommodation and amazing facilities one last time before January.

With a mince pie on arrival and Christmas jumpers optional (but encouraged of course!), there's plenty of time to go and enjoy the festive sights and sounds that our wonderful city has to offer too. Whether it's a hot chocolate overlooking Brayford Pool, a selfie under the tree by the Cathedral, or a spot of shopping on the High Street, this is a great chance to explore your new city!

This will take place on 13th December 10am- 12pm – click [here](#) for more information.

Real World Lecture: What threats should we be alert to in today's society? with the University of Law

This timely and exciting session will explore the current threats facing the United Kingdom and how the counterterrorism laws and policy have augmented over time. Since al-Qaeda's attack on the USA on 11 September 2001, and the homegrown Islamist inspired attack in London on 7th July 2005, the UK government has increased, over time of course and usually in response to further successful attacks and potential threats identified, the governance of security.

This will take place on Wednesday 10th December from 4pm – 5pm click [here](#) for more information.



UNIVERSITY INFORMATION



Outreach Opportunities with Sheffield Hallam University

Power of the Portfolio Online

Taking place 10th December 12:30pm- 2:30pm or 2:30pm- 5:30pm

During this workshop you will be able to see portfolio examples from applicants, learn how to construct an impactful portfolio and understand how to submit a portfolio to Sheffield Hallam.

To book an activity or ask a question, get in touch at sclo@shu.ac.uk

Sheffield Business School Taster

We're delighted to invite Level 3 students to take part in our Sheffield Business School Taster Days on campus at Sheffield Hallam University

In our Hallam EdVenture Challenge, students pitch for a £100K investment in a brand-new business idea. Working in teams, they'll:

- Select a new product for a chosen target market
- Make critical business decisions and develop marketing strategies
- Assess the financial viability of their venture
- Respond to business curveballs

Throughout the taster day, students will build a business plan and prepare a compelling 2-minute pitch to convince our panel of EdVenture Angels to invest in their venture. This immersive experience is designed to spark creativity, build confidence, and give students a taste of the exciting possibilities within business education.

Wednesday 10th December 2025, 25th June 2026, Other dates are available upon request.

Personal Statement Advice Webinar with Falmouth University

Writing a strong personal statement is an important part of the application process for university. In this session we'll go through some tips and tricks for making your statement stand out, look at how to structure it and the kinds of things you could include, especially for creative courses.

Wednesday 10th December 4pm- 5pm to send an enquiry click [here](#).

