## HEALTH

| Organisation name   | Service type   | Restrictions         | Contact   |
|---|--|----------------------|---|
| Community Midwife<br>Diana Princess of Wales Hospital,<br>Grimsby,                        | Provides information, advice, and guidance.  | Pregnancy            | Tel: Tel: 0303 330 5232   |
| Sarah Wise, Teenage Pregnancy<br>Diana Princess of Wales Hospital,<br>Grimsby, DN33 2BA   | Offers support, information, advice, and guidance.   | Teenage<br>Pregnancy | Email: <u>Sarah.wise1@nhs.net</u>   |
| Sexual Health Hub<br>Sterling Street Medical Centre,<br>Sterling St, Grimsby,<br>DN31 3AE | Free sexual health services around<br>contraception/ pregnancy/ STI's/<br>Health and Wellbeing.    |                      | Tel: 0300 330 1122<br>Book an appointment online at; <u>Sexual Health &amp; STI</u><br><u>Clinics in and near Grimsby &amp; Scunthorpe   Virgin</u><br><u>Care (thesexualhealthhub.co.uk)</u> |
| Health Visiting and School Nurse<br>Service   | Offer confidential advice from professionals, toileting, breastfeeding, sleep, behaviour and more. | 0-11 years           | Website: Enter the location on <u>www.chathealth.nhs.uk</u><br>Email: <u>HV.SN@nelincs.gov.uk</u>   |