

# BTEC Level 3 Uniformed Protective Services

## Part A - Bridging Work Task

This is a fantastic opportunity to expand your understanding of Uniformed Protective Services as you prepare for enrolment and for starting at Franklin in September.

Please complete the work and bring a copy to your enrolment, either printed or electronically.

The work will take you around **4 hours** so plan your time to best suit you.

### Task 1

<b>How do I complete and submit my task?</b>	<p>Complete the tasks on paper/handwritten or digitally and bring a copy either paper or electronically to your enrolment appointment, also take this to your first lesson in September.</p> <p>If you did not attend the Taster Day don't worry – this isn't essential for completing this work but, please ensure that you have completed this bridging work.</p>
<b>Introduction to your Bridging Task</b>	<p>This Topic relates to Police Powers and the Law - Learners explore key elements of the legal system relating to the criminal trial process. They will look at the legal personnel involved as well as investigating police powers and their limitations.</p>
<b>Task details</b>	<p>Lesson overview Looking at the topic of Police Powers and the Law</p> <p>Come up with a new law/piece of legislation.</p> <p>Explain the law/piece of legislation and why you would introduce it (you can find evidence here to support your point). For example, if you wanted to bring in tougher sentences for people who harm animals, you would develop some key ideas of what the legislation would be and after each point state why you would make the change. Also, explain how the law would get made and a summary of the process of how laws are made.</p> <p>Explain how a citizen could break that legislation. Give examples of what you would constitute breaking the new legislation you have devised.</p>

	<p>Explain what action the police would take initially and what could be the penalty for breaking the law/piece of legislation (e.g. warning, fine, community service, prison time)</p> <p>Write no more than 1000 words for your presentation on google classroom and submit your work.</p>
<p><b>Resources to help you with the Bridging Task</b></p>	<p>To support your studies – watch a range of videos to focus on your points so you can have a balanced opinion on your point of view.</p> <ul style="list-style-type: none"> <li>• You tube</li> <li>• Documentaries</li> <li>• News</li> <li>• Social media</li> </ul> <p>Read a range of articles to focus on your points so you can have a balanced opinion on your point of view.</p> <ul style="list-style-type: none"> <li>• Blogs</li> <li>• Newspapers</li> <li>• Journals</li> <li>• In house magazines</li> </ul> <p>You could screen shot or reference the evidence you find to help support your argument and add it to the work.</p>
<p><b>Extension Tasks</b></p>	
<p><b>Extension Tasks to stretch and challenge you</b></p>	<p>If you have completed the above to the best of your ability, try this extension task;</p> <p>Look at several new laws that have been adapted by the public services to help them be more effective at their job and support the public. For example, how the police/government have had to develop new laws since the invention of the internet.</p>
<p><b>Massive Open Online Courses (MOOCs)</b></p>	

## Task 2

<p><b>How do I complete and submit my task?</b></p>	<p>Complete the tasks on paper or printed and bring a copy to your enrolment appointment, also take this to your first lesson in September. If you did not attend the Taster Day don't worry – this isn't essential for completing this work but, please ensure that you have completed this bridging work.</p>
<p><b>Introduction to your Bridging Task</b></p>	<p>This Topic relates to Physical Preparation Health and Wellbeing - Learners study the components of fitness and lifestyle factors. They will develop skills in improving personal fitness and meet the fitness entry requirements of uniformed protective services</p>
<p><b>Task details</b></p>	<p><b>PART 1</b>   Some UPS roles require fitness entry levels. This year you will look at these requirements and begin to develop your health, fitness and lifestyle towards passing the tests.</p> <p>Pick a minimum of 2 job roles in the UPS (Police, Army, Fire Service etc)</p> <ol style="list-style-type: none"> <li>1) For the following fitness components (below) give a <b>definition</b> of the component and a sport/activity that displays that component</li> <li>2) Then suggest:             <ol style="list-style-type: none"> <li>i) By having <b>good</b> fitness levels in that component, how it can help your ability to do the job.</li> <li>ii) By having <b>poor</b> levels of fitness in that component, how it can hinder your ability to do the job.</li> </ol> </li> </ol> <p>*Use appropriate examples from the job roles to provide context (at least 2 roles)</p> <ul style="list-style-type: none"> <li>● Cardio-vascular endurance</li> <li>● Speed</li> <li>● Muscular endurance</li> <li>● Muscular strength</li> <li>● Flexibility</li> </ul> <p><i>Sentence structure help:</i>  <i>“Cardiovascular endurance is.....An activity that displays this component is....</i>  <i>By having good cardiovascular endurance in the [UPS role] it enables you to... for example...</i>  <i>By having poor cardiovascular endurance in the [UPS role] it could impact your ability to.... for example....”</i></p> <p><b>PART 2</b>   As well as having having good fitness components in the UPS you also need skill components.</p>

	<p>Repeat the task from Part 1 (above) for the skill components below:</p> <ul style="list-style-type: none"> <li>● Coordination</li> <li>● Agility</li> <li>● Balance</li> <li>● Reaction Time</li> <li>● Power</li> </ul> <p>Use the same structure as Part 1.</p>
<p><b>Resources to help you with the Bridging Task</b></p>	<p>Watch the following video or appropriate video for your public service. Examples of some are below -</p> <p><a href="#">How to prepare for the Met Police Fitness Test - YouTube</a></p> <p><a href="#">Joining the British Army   How To get fit for Basic Training - YouTube</a></p> <p>Public Service websites where information can be found (or other appropriate website –</p> <p><a href="https://www.raf.mod.uk/">https://www.raf.mod.uk/</a></p> <p><a href="https://www.fireservice.co.uk/">https://www.fireservice.co.uk/</a></p> <p><a href="https://www.royalnavy.mod.uk/">https://www.royalnavy.mod.uk/</a></p> <p><a href="http://www.verywellhealth.com">www.verywellhealth.com</a></p> <p><a href="http://www.brianmac.co.uk">www.brianmac.co.uk</a></p>
<p><b>Extension Tasks</b></p>	
<p><b>Extension Tasks to stretch and challenge you.</b></p>	<p>Research a fitness entry requirement for a UPS role. Have a go at some of the tests or training methods.</p>
<p><b>Massive Open Online Courses (MOOCs)</b></p>	



# BTEC Level 3 Uniformed Protective Services

## Part B – Preparing for Studying at Franklin

A fantastic opportunity to widen your understanding of the course.

<b>Examining Board and Specification</b>	<p><b>We cover the following topics:</b></p> <p>Single option</p> <ul style="list-style-type: none"><li>15) Police Powers and the Law 1st year 60 credits</li><li>2) Behaviour and Discipline in the Uniformed Protective Services (examination) 1st year 120 credits</li><li>5) Teamwork, Leadership and Communication in the Uniformed Protective Services 2nd year 120 credits</li><li>13) Introduction to Criminology 2nd year 60 credits</li></ul> <p>Double option</p> <ul style="list-style-type: none"><li>1) Citizenship and Diversity 2nd year 120 credits</li><li>4) Physical Preparation, Health, and Wellbeing 1st year 90 credits</li><li>6) Government and the Protective Services (examination) 1st year 90 credits</li><li>12) Developing Personal Fitness Programmes 2nd year 60 credits</li></ul> <p><b>Studying this course will give you a wide range of skills:</b></p> <p>The Uniformed Protective Services Certificate/Diploma course provides many opportunities for learners to develop a range of skills and techniques, personal skills, and attitudes essential for successful performance in working life. You will be encouraged to explore factors that may support a variety of roles within the uniformed services, such as understanding behaviour, knowing communication systems and how the international environment affects the roles of the uniformed services. Delivery includes a mixture of lectures, practical activities, outside visits and visiting specialist speakers from the public services. There will also be workshops and tutorials relating to the assignment programme.</p> <p><b>Progression after this course:</b></p> <p>This qualification is designed to be the substantive part of a 16–19 study programme for learners who want a strong core of sector study and a focus on the uniformed protective services. It can be taken alongside a complementary or contrasting area of study as part of a two-year, full-time study programme. This qualification supports progression to higher education if taken as part of a programme of study that includes other</p>
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	BTEC Nationals or A Levels, and to employment in the uniformed protective services.
<b>Preparing for the course</b>	<p><a href="#">Specification - BTEC National Diploma in Uniformed Protective Services (pearson.com)</a></p> <p>Look at the appropriate Uniformed Protective Service website to look at academic and physical requirements to join.</p> <p><a href="https://www.college.police.uk/">https://www.college.police.uk/</a></p> <p><a href="https://www.raf.mod.uk/">https://www.raf.mod.uk/</a></p> <p><a href="https://www.fireservice.co.uk/">https://www.fireservice.co.uk/</a></p> <p><a href="https://www.royalnavy.mod.uk/">https://www.royalnavy.mod.uk/</a></p> <p>Look at the relevant University websites for appropriate courses or apprenticeships and again look for academic requirements to meet the demands of the courses chosen.</p> <p><a href="#">UCAS   At the heart of connecting people to higher education</a></p> <p>If you have any questions about the course or need help with the bridging work please email me <a href="mailto:peter.schofield@franklin.ac.uk">peter.schofield@franklin.ac.uk</a></p>